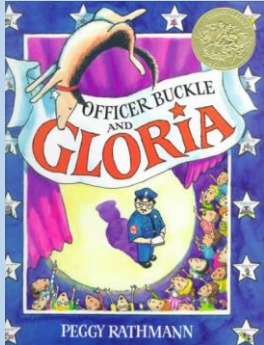
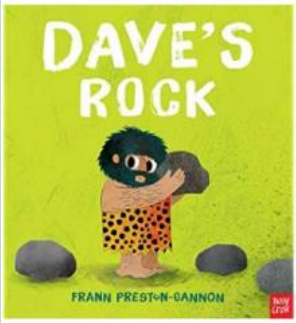
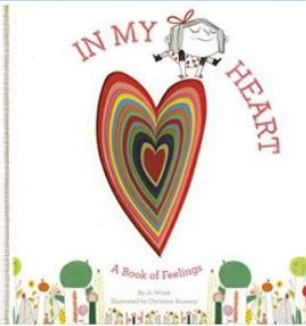
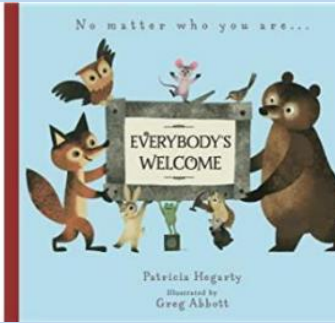
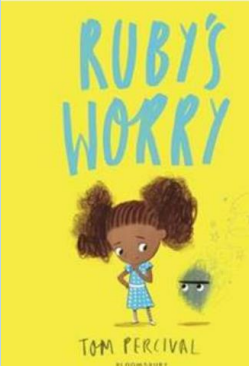
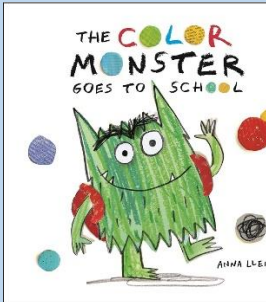
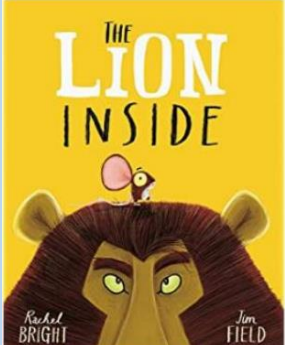
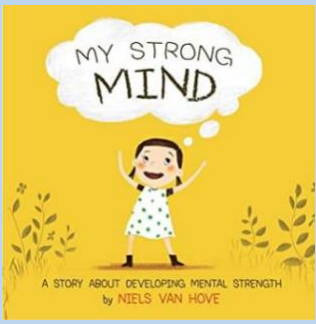
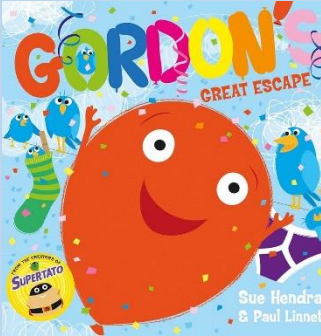
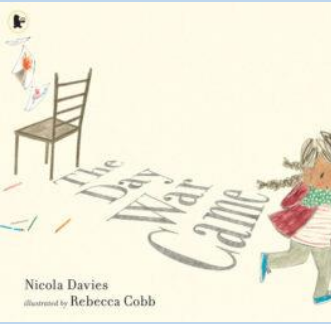
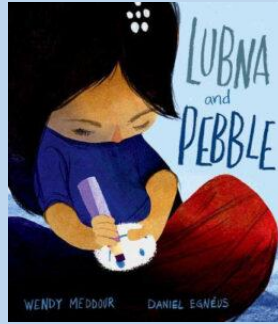





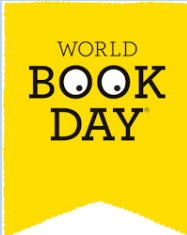


PSHE Book Recommendations

EYFS and KS1

Theme	Keeping Safe Rules	Friendship	Understanding Emotions	Inclusion and Equality	Understanding Emotions	Worries about Starting School
Book						
Synopsis	<p>Officer Buckle gets carried away creating too many safety rules and the children stop listening to him.</p>	<p>In this funny and stylishly illustrated follow-up to Dave's Cave, two lovable cavemen endeavour to make their rocks the very best they can – inventing, in the process, something rather remarkable.</p>	<p>In My Heart lyrically explains what an emotion feels like, physically, inside. For example: "When I get really angry, my heart feels like it's going to explode! Don't come near me! My heart is yelling, hot and loud. This is when my heart is mad." Children will be empowered by this new vocabulary and able to practice articulating and identifying their own emotions.</p>	<p>Poor Frog's pond has dried up and he has nowhere to live. Luckily, he meets friendly Mouse, who is just starting to build a new house. "Everybody's welcome, no matter who they are," explains Mouse. "Wherever they may come from, whether near or far." As Frog and Mouse build a house together, they meet more animals without a place to live. Soon, they all join in to build a big, beautiful home where everyone is welcome, safe, and warm.</p>	<p>Ruby loves being Ruby. Until, one day, she finds a worry – and it won't stop growing. How can Ruby get rid of it and feel like herself again? When Ruby makes a friend – who has a worry too – and talks about what's bothering her, everything explodes with colour and the world goes back to normal. Ruby soon realises that everybody gets worries, and they are nothing to be ashamed of.</p>	<p>The Colour Monster feels a little nervous. Today is his first day at school . . . and he doesn't even have a clue what school is! But, guided by his young friend, the Colour Monster has lots of new adventures and makes new friends--and looks forward to tomorrow.</p> <p>Other books are available in the franchise to help children to identify and understand emotions.</p>

Thinking Question	What would you do if a rule about safety didn't make sense to you?	What is the significance of the rock in the story? Is the story about making the best rock?	What feeling is being described "her heart as yelling"? Can you think of a time you have felt like that?	How might the end of the story be different if the mouse wasn't friendly at the beginning?	What hasn't Ruby's Worry gone away forever? Why do you think Ruby's worry got bigger?	How did the Colour Monsters emotions change by the end of the story?
KS1 and Lower KS2						
Theme	Self-Esteem	Resilience	Keeping Safe	Refugees & Immigration	Refugees & Immigration including Friendship	Environment and Gender Equality
Book						
Synopsis	<p>A bestselling story about confidence, self-esteem, and a shy little mouse who sets out on a journey to find his roar. In a dry dusty place where the sand sparkled gold, stood a mighty flat rock, all craggy and old. And under that rock in a tinyful house, lived the littlest, quietest, meekest brown mouse.</p>	<p>Kate is a sporty and happy girl. She does well at school and has many friends. But like every girl, she sometimes faces difficult situations at home or at school. Discover how Kate uses her strong mind to tackle her daily challenges with a positive attitude.</p>	<p>Follow Gordon the balloon on his adventures trying to avoid the dangers which come with being a balloon.</p>	<p>This is a moving picture book, that shares of the initial unwelcome refugees can sometimes face when arriving in a new place. The story tells of the love of children in a class, naive to the politics of the world, inviting other children into their world by giving up their own chair in the classroom and opening up their community to refugees.</p>	<p>As Lubna arrives in the World of Tents, so begins an emotional story about the power of friendship set against the background of the refugee crisis. Lubna's best friend is a pebble, found on the beach as they arrived in the night. We are not told who 'they' are or where 'they' came from but throughout the captivating story there are many clues which help to build a picture of this family's journey (for example, 'she fell asleep in Daddy's salty arms').</p>	<p>Discover the untold stories of women who have helped protect our natural world, all the way through history. Bursting full of colourful illustrations and fascinating facts, Fantastically Great Women Who Saved the Planet is an inspiring introduction to just a few of the incredible women who show that all actions, big and small, can be powerful in the fight against climate breakdown.</p>

Thinking Question	What is the moral of the story?	What strategies does Kate implement to tackle her daily challenges?	Which of the dangers that Gordon faced would be dangerous to you? Can you think of anything that might be safe for an adult to do but not you?	What does the chair symbolise in the story?	What do we know about Lubna? Why has the author chosen to only reveal that about Lunba?	How can you help to look after your environment?
KS2						
Theme	Resilience	Anti-bullying	Diversity & Inclusivity	Diversity & Inclusivity	Healthy Lifestyle	Community
Book						
Synopsis	<p>You Are Awesome can help inspire and empower young readers to find the confidence to realise their potential. The first children's book from Times journalist, two-time Olympian and best-selling mindset author Matthew Syed, it uses examples of successful people from Mozart to Serena Williams to demonstrate that success really is earned rather than given, and that talent can be acquired.</p>	<p>My parents decided it would be a good idea to move house AND move me to a new school at the same time. As if I didn't have a hard enough time staying out of trouble at home, now I've also got to try and make new friends. What's worse, the class bully seems to think I'm the perfect target. At least Eid's around the corner which means a feast (YAY) and presents (DOUBLE YAY). Well, as long as I can stay in Mum and Dad's good books long enough...</p>	<p>The Breakfast Club Adventures is the first fiction book by England International footballer, child food-poverty campaigner and bestselling author Marcus Rashford MBE, inspired by Marcus's own experiences growing up!</p>	<p>A thoroughly enjoyable read set in 19th-century Sheffield. This book tells the story of Lijah – a Romani boy living in a Traveller camp. Lijah enjoys collecting scrap with his dad and brother, travelling on the cart and listening to his dad's stories by the fire.</p>	<p>Adam Kay's 'Amy Gets Eaten' is a gruesome yet hilarious book explaining what happens in our bodies when we eat food. Despite getting eaten, Amy (a positive and chirpy piece of sweetcorn), explains in child-friendly language the journey she takes from the mouth, through the stomach and out again into the toilet. Although told in a narrative style, this is really a non-fiction book that teaches children the science</p>	<p>Our world can be a bewildering place, especially if you've only just got here. Your head will be filled with questions, so let's explore what makes our planet and how we live on it. From land and sky, to people and time, these notes can be your guide and start you on your journey.</p>

					behind some of our human anatomy.	
Thinking Question	What do you need to be successful?	How does the bully make Omar feel? Why do you think they are choosing to be like this?	What did football bring to the children's lives in <i>The Breakfast Club</i> ?	Can Lijah follow in his new hero's footsteps while still staying true to his roots and keeping peace with his dad? How?	Which foods promote good gut health?	How can we be a positive global neighbour?
More reads are available at...						
						
	https://www.booksfortopics.com/	https://www.oxfordowl.co.uk/for-home/find-a-book/library-page/	https://www.worldbookday.com/	https://wordsforlife.org.uk/virtual-school-library/	https://www.booktrust.org.uk/books-and-reading/bookfinder/	