Year 3

Progression of skills

Basketball

Introduce dribbling; keeping control Introduce passing and receiving Combine dribbling and passing to create space Develop passing, receiving and dribbling Introduce shooting

Dodgeball

Developing changing direction Introduce throwing with accuracy Introduce catching Develop moving, changing direction at speed Combine throwing and dodging

Football

Introduce/develop dribbling keeping control Introduce passing and receiving Combine dribbling and passing to create space

Develop passing, receiving

and dribbling

Handball

Introduce passing, receiving and creating space Develop passing and moving Combine passing and moving Introduce shooting Develop passing and shooting

Hockey

Introduce dribbling; keeping control Introduce passing and receiving Combine dribbling and passing to create space Develop passing, receiving and dribbling Introduce shooting

Hockey

Refine dribbling and passing

Develop shooting; combine

passing and dribbling to create

shooting opportunities

Develop passing and dribbling

creating space for attacking

opportunities

Introduce defending;

blocking and tackling

Year 4

Progression of skills

Basketball

Refine dribbling Refine passing and receiving Refine passing and dribbling creating space Refine passing and dribbling creating shooting opportunities

Introduce marking

Dodgeball

Introduce jumping and ducking Develop throwing with accuracy and

power over an increased distance Develop catching Consolidate dodging, jumping and ducking into games

Combine dodging, catching

and throwing

Dodgeball

Introduce blocking

Consolidate catching

Understand where we throw

and why we need to throw with

accuracy and power

Explore basic attacking and

defending tactics

Football

Refine dribblina Turning

Refine passing and receiving Develop passing and dribbling creating space Introduce shooting

Handball

Refine passing and receiving Develop passing and creating space

Develop passing, moving and shooting

Combine passing and shooting Introduce defending

Basketball Recap and refine dribbling

and passing to create attacking opportunities Year 5 Develop marking Progression

Refine shooting

Refine attacking skills, passing, dribbling and shooting introduce officiating

Refine dribbling and passing to maintain possession Introduce and develop defending

Football

Develop shooting Refine attacking skills, passing, dribbling and shooting, introduce officiating

Handball

Consolidate passing and receiving Explore the function of other passes

Develop defending

Develop passing and creating space, introduce officiating Refine shooting

Hockey

Develop defending; block and tacking

Recap and refine dribbling and passing to create attacking opportunities

Refine attacking skills. passing dribbling and shooting

Refine defending skills developing transition from defence to attack

Year 6

of skills

Progression of skills

Basketball

Consolidate keeping possession, develop officiating Consolidate defending

Create, understand and apply attacking tactics in game situations

Create, understand and apply defending tactics in game situations

Dodgeball

Consolidate/understanding attacking and defending tactics Transition between attack

and defence

Applying the rules: Officiating games Managing tactics and officiate games

Football

Consolidate keeping possession, develop officiating Consolidate defending Organise formations and mange

Organise formations decide tactics, manage reams and officiate games

Handball

Consolidate keeping possession, develop officiating Consolidate defending understand and apply defending tactics in game situations

Consolidate defensive tactics; understand and apply defensive tactics in game scenarios

Hockey

Consolidate keeping possession, develop officiating Consolidate defending

Create, understand and apply attacking/defending tactics in game situations

KS2 Progression of Skills



Year 3

Progression of skills

Netball

Introduce passing, receiving and creating space Develop/combine passing and moving

Combine/develop passing and shooting

Tag Rugby

Introduce moving with the ball, passing and receiving Introduce tagging Create space when attacking Develop passing and moving

Combine passing/moving to create attacking opportunities

Cricket

Understand the concept of batting and fielding Introduce throwing overarm Introduce throwing underarm Introduce catching Striking with intent

Rounders

Introduce to rounders Introduce overarm throwing Apply overarm and underarm throwing Introduce stopping the ball Application of stopping the ball in a game

Tennis

Introduction tennis. outwitting an opponent Creating space to win a point Consolidate how to win a game introduce rackets Introduce the forehand

Year 4

Progression of skills

Netball

Refine passing and receiving Develop passing and dribbling creating space

Develop passing, moving and shooting

Refine passing and shooting Develop footwork

Tag Rugby

Develop passing, moving and creating space Apply learning to 3v3 mini games

> Develop defending in game situations

Combine passing and moving to create an attack and score

Cricket

Develop an understanding of batting and fielding Introduce bowling underarm Develop stopping and returning the ball Develop retrieving and returning the ball Striking the ball at different angels and speeds

Rounders

Develop fielding bowling with a backstop Introduce batting; how Develop batting; where and why Introduce and apply basic fielding tactics

Tennis

Developing the forehand Creating space to win a point using a racket Introduce the backhand Applying the forehand and backhand in game situations Applying the forehand and backhand creating space to win a point

Year 5

Progression of skills

Netball Refine passing

and receiving Apply passing, footwork and shooting into mini games, introduce officiating Introduce defending

Explore the function of other passing styles

Tag Rugby Refine passing and moving to create attacking opportunities

Explore different passes that can be used to outwit defenders

Refine defending as a team

Create and apply defending tactics. Develop officiating

Cricket

Refine batting, understand and develop batting and bowling tactics Refine fielding stooping,

catching and throwing Combine bowling and fielding creating and applying tactics

> Introduce umpiring and scoring

Rounders

Develop fielding tactics maximising players

Understand what happens if the batter misses the ball Refine fielding tactics, what players where?

> Applying tactics in mini games

Tennis

Introduce/develop the volley

Controlling the game from the serve

Doubles, understanding and applying tactics to win a pint

Year 6 Progression of skills

Netball

Consolidate keeping possession, develop officiating Consolidate defending

Create, understand and apply attacking/defending tactics in game situations

Tag Rugby

Consolidate passing and moving

Consolidate defending

Create, understand and apply attacking/defending tactics in game situations

Consolidate attacking and defending in min games

Cricket

Consolidate batting/ fielding/bowling

Create, understand and apply attacking/defensive tactics in game

Rounders

Introduction to full rounders

Consolidate fielding tactics

Refine our understanding of what happens if the batter misses or hits the ball backwards

Batting considerations

Tennis

Game application

Game application, mixed ability doubles, round robin games





Year 3

Progression of skills

Communication & Tactics*

Creating and applying Simple tactics

Developing leadership

Developing communication as a team / collaborate effectively as a team

Create defending and attacking tactics as a team

Symmetry & Asymmetry

Introduction to symmetry
Introduction to asymmetry
Application of learning onto
apparatus

Sequence formation Sequence completion

Athletics

Explore running for speed

Explore acceleration

Introduce /develop relay: Running for speed in a team Throwing: Accuracy vs distance Standing long jump

Wild Animals

Responding to stimuli Developing character dance into a motif

Developing sequences with a partner in character that show relationships

Extending sequences with a partner in character

Weather

Responding to stimuli, extreme weather

Developing thematic dance into a motif

Extending dance to create sequences with a partner

Developing sequences with a partner

Space

Extending sequences with

a partner in character

Developing sequences with a

partner in character that show

relationships and interlinking

dance moves

Year 4

Progression of skills

Problem Solving*

Benches and mats challenge Round the clock card challenge

The pen challenge

The river rope challenge Caving challenges

Bridges

Introduction to bridges

Application of bridge learning onto apparatus Develop sequences

with bridges
Sequence formation
Sequence completion

Counter Balance

& Counter Tension

Introduction to

counter balance

Application of counter balance

learning onto apparatus

Sequence formation

Athletics

Develop running at speed Exploring our stride pattern

Exploring running at pace
Understand and apply tactics when
running for distance

Javelin Standing triple jump

Cats

Responding to stimuli working together Extending sequences with a partner in character Exploring two contrasting Relationships and interlinking

dance moves

Sequences, relationships, choreography and performance

Year 5

Progression of skills

Orienteering*

Face orienteering Cone orienteering

Point and return

Point to point

Timed course

Orienteering competition Counter Tension
Sequence completion

Athletics

Finishing a race
Evaluating our performance
Sprinting: My personal best
Relay changeovers
Shot Put
Introducing the hurdles

Greeks

Exploring the Greeks using compositional principles

Extending sequences with a partner using compositional principles

Creating movement using improvisation where movement is reactive

The Circus

Developing character movements linked to 19th Century prejudices

Creating movements to represent different characters and performers in a 19th Century circus

> Extending our Performance incorporating props and apparatus linked to the variety of performers

Year 6

Progression of skills

OAA Units

All the units above units are suitable for KS2.

Teachers should selected the appropriate learning from units that suit/consolidate their pupils' learning.

Matching & Mirroring

Introduction to matching/mirroring Application of matching/mirroring learning onto apparatus Sequence development

Athletics

Running for speed competition Running for distance competition Throwing competition Jumping competition

Carnival

Performing with technical control and rhythm in a group Creating rhythmic patterns using the body

Experiencing dance from a different culture

Chorographical elements including still imagery

Titanic

Creating rhythmic patterns using our body

Extending our choreography through controlled movements, character emotion and expression

Explore the relationships between characters applying character emotion and expression

Performance and reflection









